



Professional Profile

PERSONAL INFORMATION

Name	Ann Mansell	
Position	Occupational Therapy Assistant	
Address	Sandford House, 6-7 Lower High Street, Stourbridge, DY8 1TE	
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PROFILE

Helping individuals achieve their goals is a very rewarding aspect of my job. I have been working in healthcare for over 10 years, with the last six years being spent in the speciality area of stroke and Neurology Rehabilitation as an Occupational Therapy Assistant. I have a strong ability to engage with all sorts of people from all walks of life, encouraging and motivating them through a rehabilitation prescription, to reach their maximum potential. My communication skills are second to none, utilising a variety of communication methods to liaise with qualified members of the Multidisciplinary team.

I have a variety of experiences and skills that I use to provide rehabilitation to people in the hospital setting in the very acute phase of their illness/injury as well as carrying out rehabilitation programmes with people in their own homes. I have worked in the following areas of both Occupational Therapy and Physiotherapy as an assistant:

- Elderly Rehabilitation
- Trauma and Orthopaedics
- Medicine
- Surgery
- Oncology
- Stroke
- Neurology

KEY SKILLS

- Follow rehabilitation programmes for Physical, Cognitive and Emotional functional performance in everyday activities
- Run an award nominated therapy group, liaising with the Occupational Therapist and wider MDT
- Conduct prescribed Cognitive Rehabilitation
- Sensory Integration: Working with clients to make sense of their senses, utilising a holistic approach
- Communication skills both verbal and non-verbal with both the clients, families and MDT
- Time Management, always ready to start rehabilitation sessions on time as arranged by the client
- Holistic Therapy and Massage – a unique skill set I possess is I am qualified in holistic therapies, I have found this to compliment many rehabilitation plans
- Creativity – much of the therapy I provide is prescribed, however I have a strong working relationship with the Occupational Therapists who value my creative ideas to enhance the patient experience and ultimate outcome of rehabilitation
- Equipment Knowledge – I have worked with ADL equipment and have a strong working knowledge of the contraindications of equipment and what equipment is on the market

EDUCATION

- NVQ Level 3 Health and Social Care, Physiotherapy and Occupational Therapy
- 0.5 APL Module 7.5 credits - Foundations of Biological Psychology
- NVQ - Indian Head Massage
- OCN, 3 credits at Level 3, Anatomy and Physiology
- City And Guilds Stages 1 and 2, Further and Adult Education Teachers Certificate 7307
- Stages 1 and 2 Holistic Therapies

EMPLOYMENT HISTORY

2002 - Present - Sandwell and West Birmingham NHS, Therapy Services
2001 - 2002 - Self Employed Market Trader
1995 - 2001 - Self Employed Catering Manager
1993 1995 - Self Employed Provident Agent
1982 - 1995 - Catering Supervisor