



Professional Profile

PERSONAL INFORMATION

Name	James Page	
Position	Rehabilitation Assistant (RA)	
Address	Sandford House, 6-7 Lower High Street, Stourbridge, DY8 1TE	
Email / Telephone	enquiries@nppneurogroup.com	0800 917 3330

PROFILE

I have recently chosen to pursue a career as a Rehabilitation Assistant with the long-term goal of becoming an Occupational Therapist. My background is and will continue to lie within the Active Leisure Industry and education however I am looking to bring these skills forward into to developing the role of a RA. Throughout my career I have strived to adhere to three key principles; to educate, motivate and inspire individuals. With these principles and other transferrable skills as a Fitness Professional and Educator I will look to adopt an holistic approach to improving the health & wellbeing and dietary behaviour of my clients whilst working under the guidance of other therapists and implementing the support plans put in place. I feel it is of the upmost importance coming from an educational background to differentiate my approach to the individual to achieve the best possible outcome.

As a RA I feel that I possess the ability to bring out the best in individuals through clear client centred goal setting based on the support plans that have been produced by the therapists and the reinforcement of positivity and encouragement to ultimately achieve independence and enable individuals to live a life that is meaningful and purposeful to them. Therefore, I will look to create innovative and bespoke activities to maximise participation and outcome, development and success. As a tutor of Functional Skills Mathematics, I can also integrate money management and budgeting activities for clients and educate them on other everyday life math problems.

KEY SKILLS

- Building positive, meaningful and productive relationships with clients
- Excellent communication & listening skills
- Behavioural change & motivational techniques
- Assessment, goal setting, monitoring and reviewing outcome attainment
- Differentiating learning and developing educational programmes

AREAS OF EXPERTISE / OTHER USEFUL INFORMATION

Expertise

- 20 years' experience within the Active Leisure Industry
- Grade 1 – Outstanding OFSTED Tutor
- Healthy lifestyle, fitness & nutrition education & advice
- Tailored physical fitness programming & delivery
- Exercise referral programming, rehabilitation delivery

Other useful information

I have developed a keen interest in the integration of horticultural therapy into my sessions which I am currently in the process of researching. This has been proven to have a positive impact on both cognitive and physical rehabilitation whilst at the same time is meaningful and rewarding for both client & therapist.

EDUCATION

EDEXCEL Level 4 Certificate in Assessing Vocational Achievement
 Certificate in Teaching (CTLLS) awarded by the University of Wolverhampton Level 4
 C&G7407 Certificate in Further Education Teaching (QTFE) Stage 1
 I.L.A.M Approved G.P Referrals & Special Populations
 University of East London Accreditation in Personal Training
 NVQ Level 3 in Sport & Recreation in Coaching, Teaching and Instruction
 Safeguarding & Prevent, GDPR Data Protection, Equality & Diversity
 Level Three Award in Exercise Programming with Disabled People, Level 4
 Education & Training Foundation Effective Assessment for learning in Maths

EMPLOYMENT HISTORY

April 2017 - Present	NOVUS (Offender Learning) Previously Milton Keynes College	<ul style="list-style-type: none"> • C&G Functional Skills Maths Tutor • Open Awards Health & Nutrition (Writer)
September 2012- March 2017	The Training Room Ltd Personal Training Careers	<ul style="list-style-type: none"> • E Learning Tutor (AIQ) • Academy Tutor/Assessor • CPD Workshop Delivery
August 2011-September 2012	Intraining	<ul style="list-style-type: none"> • Sport & Recreation Assessor • Functional Skills • WBL Active Leisure
March 2011-July 2011	Ethical Skills & Training Transforming a Generation (TAG) (Young Offenders & NEET)	<ul style="list-style-type: none"> • Tutor/Assessor • NVQ Level 3 Diploma in Personal Training • NVQ Level 2 in Fitness Instructing
September 2010- March 2011	Part time Course Tutor Premier Skills and Active IQ. Self-Employed Personal Trainer Solihull College Birmingham Metropolitan College South Birmingham College	<ul style="list-style-type: none"> • Various Supply Teaching Posts • NVQ and VRQ Level 2 in Fitness Instruction Premier Skills and Active IQ. • VTCT Non-Medical Nutrition Advice Diploma Level 3
September 2008- September 2010	Fitness First Brierley Hill	<ul style="list-style-type: none"> • Fitness Manager • Acting Club Manager • Personal Training Co-ordinator
September 2005- September 2008	Dudley College of Technology Sports Department	<ul style="list-style-type: none"> • Visiting Lecturer -Central YMCA Level 3 Personal Training Qualification • BTEC National Certificate in Sport