



Professional Profile

PERSONAL INFORMATION

Name	Matt Burden	
Position	Rehabilitation Assistant (RA)	
Address	Sandford House, 6-7 Lower High Street, Stourbridge, DY8 1TE	
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PROFILE

I am a BSc Sports and Exercise Scientist, which I completed at Newman University with a 2:1 honours. I have extensive experience within sport playing at various levels in football and have always been intrigued by the physiotherapy and rehabilitation provided at each respective club. Therefore, having a current role as a Rehabilitation Assistant with a long-term view of becoming a Neuro Physiotherapist, fits perfectly with my interests and my future plans. I am a focused individual who is always interested in gaining new knowledge and applying new skills in practical settings, prioritising the highest standard of therapy for the patients I work with.

KEY SKILLS

- Effective communication when applying therapy with patients.
- Excellent team player strengthened from my experience in a sporting setting.
- Excellent time management and organisational skills facilitating effective session times for patients.
- Always keen to learn new skills and develop therapy knowledge.

AREAS OF EXPERTISE / OTHER USEFUL INFORMATION

Expertise:

- Sport and Exercise Science as well as Performance Analysis based on both physiological and biomechanical approaches, in order to assess and improve individuals from different backgrounds relating to their physical and mental capabilities.

Other Useful Information

- Former youth u18's player for Birmingham City Academy where I spent 5 years from the age of 13.
- Lead an academic study focusing upon the effect of neuro-receptor activating socks on individual's power and balance ability.

EDUCATION

Newman University, Birmingham:

Bsc Sport and Exercise Science Single Honours, 2:1 Classification.

Shenley Sixth Form:

Sport and Exercise BTEC Level 3

Bartley Green Secondary School:

12 GCSE's Including English, Maths, Science and PE all Grade A*-C.

EMPLOYMENT HISTORY

Birmingham City:

Assisted Coach during training sessions of U12's. This aided for my communication skills and teamwork along with understanding and patience.