



## Professional Profile

### PERSONAL INFORMATION

Name	Pam Browning	
Position	Specialist Neurological Physiotherapist	
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### PROFILE

I graduated from Sheffield Hallam University with a BSc (hons) in Physiotherapy in 2000. I completed my Junior physiotherapy core rotation at Doncaster and Bassetlaw NHS Trust which is where I confirmed my interest in Neurological Rehabilitation completing a rotation on the Stroke Rehabilitation ward and Community Stroke Team. I went on to Locum in Buckinghamshire for 12 months in Neurological Rehabilitation Community Team. I then moved in 2003 to St James Cook University Hospital, Middlesbrough and the Friarage Hospital, Northallerton, completing Band 6 rotations in Neurosurgery, Neurology, Stroke Rehabilitation, In-Patient Neurological Rehab Unit and paediatrics. I have worked as a Band 7 Specialist Physiotherapist in Neurology at Worcestershire Acute Hospitals NHS Trust working on the Acute Stroke Unit and Neurological Outpatients for the last 13 years.

Since September 2018 I have worked full time for NPP Neuro Group providing Neurological Rehabilitation, including hydrotherapy and spasticity management to patients with neurological conditions, or poly trauma. I have vast experience working with a variety of neurological conditions from the acute phase through to ongoing long-term rehabilitation. I enjoy working with patients to achieve the best functional outcome depending on their specific goals.

### KEY SKILLS

- Advanced Bobath trained
- Functional Electrical Stimulation
- Spasticity Management, I have completed the MSc Injection Therapy in Neurology module at Coventry University
- Acupuncture for pain management
- Vestibular Rehabilitation

### AREAS OF EXPERTISE / OTHER USEFUL INFORMATION

- Excellent assessment and treatment skills with neurological conditions
- Excellent clinical reasoning skills, I regularly analyse patient's primary and secondary problems and devise treatment plans and patient led goals accordingly
- Regularly look at literature and guidelines to ensure evidence based and best practice.

## EDUCATION

BSc (Hons) Sheffield Hallam University 2000

### Professional Courses

2001 Muscle Imbalance in Neurology

Basic Acupuncture Course

2002 Introduction to Bobath Course (3 modules)

Acupuncture for Pain Beijing Study Tour

2003 Acupuncture in Neurology

2004 Leading an Empowered Organisation

2005 The physiology of Chronic and Myofascial pain and its treatment with Acupuncture

2006 An Introduction to the use of Functional Electrical Stimulation

Musculoskeletal Outpatient Techniques in Neurology

Mechanisms of Balance. Bobath course

2007 The Foot and its implications on Balance Bobath course

Electro-acupuncture Course

2009 Leadership and Management Course

2010 Basic Bobath Course

2012 Saebo Clinician Course

2013 Advanced Bobath Course. Clinical reasoning and specificity of handling in the treatment of the Upper Limb

Assessment and Treatment of Vestibular Problems

2014 Acupuncture Trigger Points

2015 Acupuncture Update

2016 The Head and Neck and its Importance in the Acute patient. Bobath Course

CLIMB Ipsen Injection Course

2017/2018 MSc injection Therapy in Neurology

2018 Foundation Course in Aquatic Therapy

## EMPLOYMENT HISTORY

December 2005- Present: Band 7 Physiotherapist in Neurology. Worcester Acute Hospital NHS Trust. Currently I am the Team Lead (job share) for physiotherapy in Neurology. This includes managing the physiotherapy team on Acute Stroke Unit, In-patient Neurological Patients at Worcester Royal Hospital and the Outpatient Neurological Physiotherapy Clinics at the Alexandra Hospital, Redditch.

February 2004- November 2005: Band 6 Rotational Physiotherapist at Hambleton and Richmondshire PCT. I completed Band 6 rotations in In-patient Neurological Rehabilitation Unit, Paediatrics and CDC, and Community Rehabilitation.

June 2003-February 2004: Senior Rotational Physiotherapist, James Cook University Hospital, Middlesbrough. I completed rotations in Neurosurgery and Neurology, and Stroke Rehabilitation.