



Professional Profile

PERSONAL INFORMATION

Name	Rajkaran Singh	
Position	Physiotherapy Assistant	
Address	The George Road Clinic, 22 George Road, Edgbaston, Birmingham, B15 1PJ	
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PROFILE

I am a qualified Sport and Exercise Scientist whose ambition is to pursue a career within the field of Physiotherapy. In order to achieve this objective, I will be working with a variety of Physiotherapists within this organisation in order to further develop my knowledge via shadowing and engaging in practical applications.

KEY SKILLS

- Excellent ability to communicate orally, being able to listen and build a rapport with individuals from a variety of backgrounds.
- A strong eagerness to take part and learn, as well as utilising initiative in various circumstances.
- First-rate team working skills gained through group work within both professional and social settings.
- Time management of a high standard alongside patience and a genuine care for individuals.

AREAS OF EXPERTISE / OTHER USEFUL INFORMATION

Expertise:

Sport and Exercise Science as well as Performance Analysis based on both physiological and biomechanical approaches, in order to assess and improve individuals from different backgrounds relating to their physical and mental capabilities.

Other useful information:

Worked as a Research Assistant for a PhD student investigating the effects of student lifestyles on non-communicable diseases in the future.

Assisted in conducting an academic study that was designed to test the validity of two golf accelerometers compared to 3D kinematic analysis.

Assisted in conducting lactate threshold protocols on Coventry City FC under 19s.

EDUCATION

Newman University, Birmingham:

BSc Sport and Exercise Science Single Honours, 2:1 Classification.

St. Thomas More Catholic School Willenhall:

GCE A Level qualifications in PE, Psychology and Theology, and AS Level English Literature.

12 GCSEs including PE, Maths, English and Science at grade C and above.

2 Additional BTEK Merit awards in PE.

EMPLOYMENT HISTORY

IKEA, Wednesbury:

For 3 years I have worked for IKEA part time in order to fund my education and travel hobby. This has aided in improving a variety of my skills such as teamwork and communication.